



2024 Global Loneliness Awareness Summit

The Time to Act is Now

With over half of Americans experiencing loneliness and community participation rates declining, it has never been more imperative to foster connections. During this year's Global Loneliness Awareness Summit, the Coalition to End Social Isolation & Loneliness and Johns Hopkins University are exploring the role of social connection as a catalyst for public health, civic engagement, and resilient communities. Our focus extends beyond mere awareness as we strive to mobilize participants towards evidence-based, actionable solutions. The objective is to ignite the emergence of a new cultural paradigm—a culture of connection and prosocial values.

Connection is important for...



Our Health

- Social isolation and loneliness increase an individual's risk of developing a host of physical, mental, and cognitive health issues like ***heart disease, diabetes, depression, dementia, Alzheimer's***, and even ***premature death***.
- Community members who feel a strong sense of belonging are ***2.6 times more likely*** to report they are in good health.
- Loneliness and social isolation increase the risk for premature death by ***26% and 29%***, respectively, while social connection reduces our risk of early death by ***50%***.



Our Civic Engagement

- People who lack personal trust – a side effect of loneliness – are ***more likely*** to distrust public institutions and government and believe that acting independently is better than working together.
- Community members who have better relationships with their local government are ***more likely*** to participate in community-building and work together to address local issues.



Our Resiliency

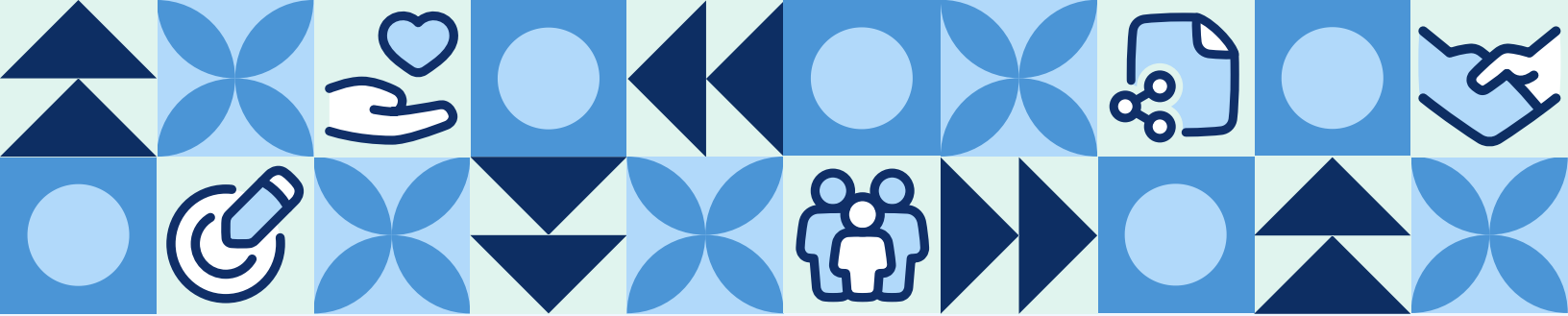
- Communities with strong social networks and higher levels of social capital are ***more equipped*** to handle natural disasters and coordinate emergency response plans.
- People who live in socially connected communities are more likely to ***feel a sense of belonging*** and ***collaborate to help their neighbors***.
- People who volunteer in their communities are ***27% more likely*** to be employed within one year of losing their job.



Scan for more information about our policy agenda, membership, and how to engage with our work!

Connect with us!





Our Policy Priorities

1. Increase public awareness regarding social isolation, loneliness and connection and their effect on health, belonging, well-being and resilience.
2. Enhance social services and supports to address social isolation and loneliness, and promote social connection.
3. Advance health services and supports to address social isolation and loneliness, and promote social connection.
4. Leverage innovative solutions that foster connection and social integration.
5. Advance research to establish the prevalence of social isolation, loneliness, and connection.

The Coalition on Capitol Hill

As a result of the Coalition's collective advocacy, we have seen an unprecedented level of momentum toward building socially connected communities and addressing our loneliness epidemic on a federal level. Below are pieces of legislation introduced in the 118th Congress that the Coalition endorses.

- National Strategy for Social Connection Act (H.R. 8490, S.2350)
- Addressing Social Isolation and Loneliness in Older Adults (SILO) Act of 2023 (H.R. 2692, S. 3437)
- Improving Measurements for Loneliness and Isolation Act (H.R. 6284, S. 3260)
- Social Engagement and Network Initiatives for Older Relief (SENIOR) Act (S. 4374)

Who We Are

The Coalition to End Social Isolation & Loneliness brings together over 50 consumer groups, patient advocates, health plans, community-based organizations, behavioral health groups, and private sector innovators committed to advocating for policy change to address the adverse effects of social isolation and loneliness and advances approaches that improve social connectedness for all Americans.

What We Do

- ✓ Disseminate research to establish the prevalence of social isolation and loneliness (SIL).
- ✓ Develop and advocate for policy interventions that ensure greater social connection for all populations.
- ✓ Host events to raise awareness of SIL and their effect on health, belonging, well-being and resilience.



Scan for more information
about our policy agenda.

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